

To Whom it may concern,

I am writing to request a review of my current Extended Health Policy in order to suggest a revision and modification of the counselling services that are covered under my plan.

I understand that my current plan states that counselling treatments are only covered by Registered Social Workers or Registered Psychologists. I am also aware that **many other Extended Health Policies allow coverage for Registered Clinical Counsellors** for funded psychological and counselling treatments.

I have been made aware that counselling fees for Registered Clinical Counsellors begin at \$120.00 per hour, compared to Registered Psychologists, who generally start at \$180.00 per hour. I am requesting an amendment to my plan in order to support my needs further, without costing yourself as the provider, and my employer, any additional cost. Additionally, this change in plan would allow me more options in finding adequate and appropriate support.

With this letter, I am requesting this change as I am seeking counselling treatment through a Registered Clinical Counsellor who specializes in the current concerns I am facing. I am requesting that the fees rendered be reimbursed.

I appreciate your consideration and review of this letter, and your support in my wellbeing. I look forward to your prompt attention to this matter, as reimbursement is essential to continuing with my treatment.

Sincerely,